

Most of us have a pot, pan, spoon, or muffin tin that is in excellent condition but sits unused in our cabinets. Imagine the difference that a box grater could make for a low-income family when they may have to buy shredded carrots at \$3/pound, instead of whole carrots at \$1/pound. Help a family save money and eat healthier by sneaking some grated vegetables into their kids' meals!

Donate **new** utensils or clear out some clutter and donate **lightly used** kitchen utensils to a low-income family and help them to more easily cook affordable, quick, healthy meals!

Items in **bold** are most requested utensils

6-8" chef or utility knife (non-serrated)

Paring knife

Wooden spoons

Whisk

Silicone spatulas

Liquid measuring cups

8-inch, 10-inch, or 12-inch sauté pans

Pots (any size)

Baking sheets

Baking dishes (9x9 or 9x13)

Muffin tins

Vegetable peelers

Share Our Strength's Cooking Matters campaign is ending hunger by inspiring families to make healthy, affordable food choices.

The average SNAP recipient has \$4.38 to spend on food per day.

Donate your new or lightly used kitchen utensils to Cooking Matters!